

PRACTICAL BOOK

Course Name:

Year:

Student Name:

Roll:

No:

Subject:

College Name:

Date of Examination:

Professor/ Instructor Name

CASE TAKING:
(Include Following patient Details)

- * Registration number
- * Name
- * Age
- * Sex
- * Religion
- * Nationality
- * Marital status -
- Unmarried
- Widow
- * Children
- * Dependants -
- * Occupation -
- * Economic status -
- * Address -
- * Phone number
- * Mobile number
- * Date

Chief Complaints:

1. Causation
2. Duration
3. Onset
4. Location
5. Sensation
6. Modality
7. Concomitant
8. Progress
9. Treatment

History of Presenting Complaints:

1. Duration

2. Treatment
3. Effects
4. History of any causes-

Past History:

1. Duration
2. Treatment
3. Effects
4. History any causes

Past history:

1. Father
2. Mother
3. Grand father
4. Grand mother
5. Brother
6. Sister

Personal history:

1. married/single/ widow
2. Any addiction
3. Sexual history
4. Marital relation
5. no. of children
6. Health of children
7. Menstrual history
8. no. & dates of pregnancies
9. Miscarriages
10. Vaginal discharges
11. Leucorrhoea
12. Diet/ regimen
13. contraceptives
14. accommodation
15. excrcisc/ sports/games

EXAMINATION:

General Physical Examination:

1. Build and nutrition
2. Pulse, respiration, temperature
3. Blood pressure
4. Anemia
5. Cyanosis
6. Jaundice
7. neck glands
8. tongue, teeth, gums

Local Examination:

1. Inspection

- a. swelling
- b. situation
- c. shape
- d. size
- e. margin
- f. surface
- g. movement with respiration
- h. skin conditions
- i. prominent veins over the surface
- j. visible peristalsis

2. Palpation

- a. Swelling corroboration of findings-
- b. tenderness
- c. pulsation
- d. consistency
- e. reducibility
- f. side to side and up and down mobility
- g. determination whether the swelling
- h. testis
- i. abdominal lymph nodes

j. routine examination of spleen. Liver, caecum, sigmoid colon

k. supraclavicular gland

l. presence of free fluid by shifting dullness and fluid thrill

3. Percussion:

a. swelling- whether dull or resonant

b. liver, spleen, upper margin defined after palpation

c. percussion of abdomen as a whole

4. Auscultation

Peristaltic sound

a. Right hypochondrium-

i. liver swelling,

ii. Gall bladder swelling,

iii. Renal swelling,

iv. colonic swelling

b. epigastrium-

i. stomach swelling

ii. Colonic swelling

iii.. liver swelling

iv. retroperitoneal sarcoma

v. pancreatic swelling

vi. Mesenteric cyst

c. left hypochondrium-

i. splenic swelling

ii. pancreatic cyst

iii. kidney swelling

iv. colonic swelling

v. rarely stomach swelling

d. umbilical regions:

i. umbilical hernia,

ii. Mesenteric cyst

iii. Colonic swellings

iv. Intussusceptions

v. retroperitoneal lymphadenitis

vi. Retroperitoneal sarcoma

vii. urachal cyst

e. movement:

f. measurement:

g. Investigations :

h. provisional diagnosis

i. special investigation:

i

ii.

iii.

iv.

j. treatment by medicinal

Surgical

Prescription

i.

ii.

iii.

iv.

v.

vi.

vii.

Prognosis

Follow up